



**Starting over can be hard,
especially in a new country.
You don't have to figure it all
out alone.**

Meet Alma, a free, friendly virtual assistant created by the International Rescue Committee to help you get reliable answers as you begin your life in the United States.

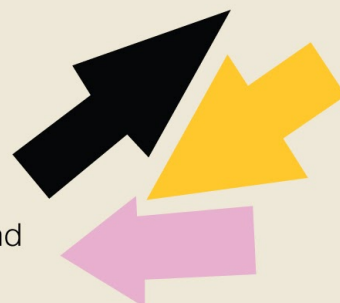
What can Alma help you with?

- Finding public benefits and local services
- Exploring jobs and workforce programs
- Learning about housing and managing money
- Understanding your rights and responsibilities
- Getting the documents you need



Alma is your virtual assistant and mentor, available anytime, anywhere, and on any device.

- Easy to use
- Safe and private
- Available 24/7
- Fluent in Dari/Farsi, English, Spanish and Kiswahili



Let Alma walk with you one step at a time.

1. Scan the QR code with your phone



2. Or save this number on WhatsApp

+1 619-658-5100

3. Then, just type “hello” to begin.

HELLO

Please note: Alma is a chatbot, not a real person. It does not provide legal advice, but it can help guide your next steps and connect you to the right resources.

