



Emergency Resources

Emergency Shelters

San Diego	El Cajon
ALPHA PROJECT: <i>For Single Homeless Men</i> (619) 542-1877 16th Street and Newton Avenue (Downtown San Diego)	EAST COUNTY TRANSITIONAL LIVING CENTER: For Individuals and Families (619) 442-0457 1527 E Main St, El Cajon, CA 92021
FATHER JOE'S VILLAGE: <i>For individuals and families</i> (619) 466-3537 1501 Imperial Ave, San Diego, CA 92101	CRISIS HOUSE: <i>For Families, Women, and Children</i> (619) 444-1194 1034 Magnolia Ave., El Cajon
PATH: <i>For individuals and families</i> (619) 810-8600 1250 Sixth Ave, San Diego, CA 92101	SAN DIEGO YOUTH SERVICES: <i>Homeless Ages 14-25 *Multiple Locations</i> Crisis Line:(888) 724-7240 Office: (619) 221-8600

Food Pantries

San Diego	El Cajon
LA MAESTRA: <i>Walk-ins & Drive-ups</i> Mondays/Wednesdays 9 – 2 pm; Fridays 10 -3 pm 4060 Fairmont Avenue, San Diego, CA, 92105	SALVATION ARMY: <i>Walk-ins</i> Mondays/Wednesdays 1 – 4 pm; Fridays 1 - 6 pm Homeless Services Tuesdays/Fridays 9 am-12 pm 1025 East Main Street, El Cajon, CA, 92021
BETHLEHEM FOOD PANTRY: <i>Walk-ins & Drive-ups</i> Saturdays 8-10 am 772 S Johnson Avenue El Cajon, CA 92020	EL CAJON SEVENTH-DAY ADVENTIST CHURCH: <i>Walk-ins & Drive-ups</i> 3rd Tuesday of the Month 4 pm until food is gone 1630 E Madison Avenue, El Cajon, CA, 92019
St Vincent de Paul Father Joe's Village: <i>Walk-ins & Drive-ups</i> Mondays/Thursdays/Fridays 12 – 2 pm	BETHLEHEM FOOD PANTRY: <i>Walk-ins & Drive-ups</i> Saturdays 8-10 am 772 S Johnson Avenue El Cajon, CA 92020

Safety and Healthcare

NATIONAL DOMESTIC VIOLENCE HOTLINE: 1-800-799-7233 (say what language you speak at the beginning) or 1-800-787-3224 (TTY for deaf or hard of hearing).
NATIONAL SUICIDE PREVENTION LIFELINE: Call 1-800-273-8255 . For deaf & Hard of Hearing (TTY Users) use your preferred relay service or dial 711 then 1-800-273-8255.
VOLUNTEERS IN MEDICINE (Free Health Clinic): <i>For uninsured East Community Members</i> (619) 442-9491 mhartin@vim-sandiego.org 1457 E. Madison Ave, El Cajon, CA 92019
MEDICAL SERVICES FOR ASYLUM SEEKERS: 619-515-2363 or enrollment@fhcsd.org
FOR EMERGENCIES: Call 911